

Labour and birth

Find out what happens as you go into labour and when your baby is born.



There's also information about some of the [choices you can make](/your-health/pregnancy-and-kids/birth-and-afterwards/labour-and-birth/inducing-labour-pain-relief-and-help-during-birth) during labour and birth, [danger signs](/your-health/pregnancy-and-kids/pregnancy/helpful-advice-during-pregnancy/danger-signs-during-pregnancy) before labour starts, and [starting breastfeeding](/your-health/pregnancy-and-kids/first-year/helpful-advice-during-first-year/breastfeeding-perfect-you-and-your-baby/starting-breastfeeding-first-feeds) after baby is born.

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