



# Screening and other tests and scans: week 30 onwards

During the final stages of your pregnancy you may be offered screening and other tests to check that you and your baby are healthy.

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It's your decision to have screening and other tests - your midwife (or specialist doctor) will give you information and support to help you to decide whether to have them or not. Scans in late pregnancy are usually only offered if your baby is not growing as expected.

## Screening and other tests

You will be offered screening and other tests to check that you and your baby are healthy and well. These include regularly checking your blood pressure, urine (wee/mimi) and weight, the size of your baby 'bump' and your baby's heartbeat and position. These other tests are to check that your baby is growing as expected and you are not showing signs of any problems.

### Blood tests

Blood tests may be offered to check for problems found already, such as anaemia (when you don't have enough iron in your blood), or if you have a [rhesus negative blood group \(/your-health/pregnancy-and-kids/birth-and-afterwards/after-birth/immediately-after-birth/problems-straight-after-your-baby-born\)](#) or [diabetes in pregnancy \(/your-health/pregnancy-and-kids/pregnancy/weeks-14-30/screening-tests-and-scans-week-14-30\)](#).

### Screening for Group B Strep (GBS)

If you have a higher risk of having Group B Strep, a swab of your perineum (the area from the bottom of your vagina around to your anus) will be offered when you are 35–37 weeks pregnant. If you are found to have Group B Strep you will be offered antibiotics while you are in labour to help protect your baby. Group B Strep can make babies sick. You can find out more [here](#)

(<http://www.healthpoint.co.nz/download.203515.do>) (PDF, 42 KB).

# Late-pregnancy scans

These are usually only offered if problems were picked up during the 18–20 week [anatomy scan](#) ([/your-health/pregnancy-and-kids/pregnancy/weeks-14-30/screening-tests-and-scans-week-14-30](#)) or to monitor the growth of a baby who appears to be smaller or larger than expected. Your midwife (or specialist doctor) will give you more information about these scans, including how much they cost and where you will need to go to have them.

## Related websites

### **[HIV testing in pregnancy: part of antenatal blood tests – HealthEd \(Health Promotion Agency and Ministry of Health\)](https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-0)**

All pregnant women are being offered an antenatal screening test for HIV/AIDS as part of their routine care. This pamphlet explains the test. Available in [English](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-0>), [simplified Chinese](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-simplified-chinese-version>), [traditional Chinese](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-traditional-chinese-version>), [Hindi](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-hindi-version>), [Korean](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-korean-version>), [Māori](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-te-reo-m%C4%81ori-version>), [Swahili](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-swahili-version>), [Samoan](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-s%C4%81moan-version>) and [Tongan](#) (<https://www.healthed.govt.nz/resource/hiv-testing-pregnancy-part-antenatal-blood-tests-tongan-version>).

### **[Antenatal screening and testing for Down syndrome and other conditions – HealthEd \(Health Promotion Agency and Ministry of Health\)](https://www.healthed.govt.nz/resource/antenatal-screening-and-testing-down-syndrome-and-other-conditions)**

Information for pregnant women to help them make informed decisions about optional screening and testing for Down syndrome and other conditions.

### **[Antenatal screening and diagnostic tests – MAMA Maternity Information Services](http://www.mamamaternity.co.nz/mama-maternity-abc/planning-your-pregnancy-care/antenatal-screening-and-diagnostic-tests/)**

(<http://www.mamamaternity.co.nz/mama-maternity-abc/planning-your-pregnancy-care/antenatal-screening-and-diagnostic-tests/>)

Information about screening and testing during pregnancy, including questions to consider before choosing to have any test.

### **[Screening tests – National Women’s Health \(Auckland District Health Board\)](http://nationalwomenshealth.adhb.govt.nz/services/maternity/pregnancy-advice/screening-tests)**

(<http://nationalwomenshealth.adhb.govt.nz/services/maternity/pregnancy-advice/screening-tests>)

Information about screening tests offered during pregnancy.

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